In fact, Iowa is the #1 egg-producing state in America.

FUN IOWA FACTS

Did you KNOW?

1. Around three million people live in Iowa, and there are **57 million hens**. (That equals about 20 chickens for every person.)
2. In the U.S., nearly one in every six eggs **comes from Iowa**.
3. That’s roughly **15 billion eggs per year**...and with that many eggs, you could circle the Earth more than 21 times.
4. Hens eat about **4 pounds of feed to lay 12 eggs**.
5. A hen takes at least **24 hours** to grow and lay one egg.
6. Most hens lay eggs between **7 a.m. and 11 a.m.**
7. There are **7 to 17,000 tiny pores** (or holes) on the surface of an eggshell. The pores let in air.
8. One large egg has **six grams of protein**.