



NEWS RELEASE

FOR RELEASE
April 21, 2011

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Iowa Egg Council Announces 26th Annual Cooking Contest Winners

Winners and finalists were chosen at the Iowa Egg Council's 26th Annual Cooking Contest held on Saturday, April 16. Adult and student contestants whipped, scrambled, baked, and simmered their way through a tasty competition, at the Des Moines Botanical Center. Ten finalist recipes had been selected earlier this spring from close to 200 original egg recipes submitted for the 2011 cooking contest.

The finalists were chosen based on originality and the use of eggs in the recipe. The finalists prepared their dishes at the cook-off in front of a panel of food and nutrition expert judges. The recipes were judged on taste appeal, appearance, originality, nutritional content, and the use of a minimal of 4 eggs.

The winning recipes and adult finalists include: 1st place "Egg-zotic Almond Pineapple Torte" by Ruth Marie Faber of Le Mars, Ia ; 2nd place "Angel Hair Quiche Pie" by Rebecca Groff of Cedar Rapids; 3rd place "Cajun Seafood Sliders" by Cheryl Rogers of Ames; 4th place "Egg Strata `a la JAS" by Judith Smith of Des Moines; and 5th place "Polenta Veggie Scrambled Eggs" by Louise Piper of Garner.

The winning student recipes and finalists include: 1st place "Apple Pecan French Toast Cups" by Ashley Moyna of Elkader, Ia; 2nd place "Upside Down Lemon Meringue" by Derek Hemedinger of Winterset; 3rd place "Humble Scrambled Chinese Eggs" by William Wu of Ames; 4th place "Mexican Egg Casserole" by Isaiah Callaway of Anamosa, and 5th place "Eggs Florentine La Peach" by Kyle Marti of DeWitt.

Nearly 300 spectators attended the contest, with several children participating in egg art and craft activities. Guest Chef Terrie Kohl from Country Club Market also gave a demonstration on making Poached Eggs with Hollandaise sauce. The top ten finalists received prizes sponsored by the Iowa Egg Council.

For recipes and photos from the Iowa Egg Council's 26th Annual Cooking Contest, visit www.iowaegg.org or call 1-877-IOWAEGG.